

The Scoville Scale (links go to Wikipedia)

Scoville scale	
Scoville rating	Type of pepper
15,000,000-16,000,000	Pure capsaicin
8,600,000-9,100,000	Various capsaicinoids (e.g. homocapsaicin , homodihydrocapsaicin , nordihydrocapsaicin)
2,000,000-5,300,000	Standard U.S. Grade pepper spray , FN 303 irritant ammunition
855,000-1,050,000	Naga Jolokia
350,000-580,000	Red Savina Habanero
100,000-350,000	Habanero chilli Scotch Bonnet Pepper , Datil pepper , Rocoto , Jamaican Hot Pepper, African Birdseye
50,000-100,000	Thai Pepper , Malagueta Pepper , Chiltepin Pepper , Pequin Pepper
30,000-50,000	Cayenne Pepper , Ají pepper , Tabasco pepper , some Chipotle peppers
10,000-23,000	Serrano Pepper , some Chipotle peppers
2,500-8,000	Jalapeño Pepper, Guajillo pepper, New Mexican varieties of Anaheim pepper , Paprika (hungarian wax pepper)
500-2,500	Anaheim pepper , Poblano Pepper, Rocotillo Pepper
100-500	Pimento , Pepperoncini
0	No heat, Bell pepper

Where to get chilli seeds:

The best place is the forum on our website, where a friendly bunch, we grow all kinds of chillis most you cannot get elsewhere. And best of all there free!

www.simpsonsseeds.co.uk has a good selection of chillis

Garden centres have seedlings in the early summer, although not a great selection a good start for a novice.